

# Lead through a crisis



## WHAT IT IS & WHO IT IS FOR

**As a leader, when we are faced with a crisis, we often find ourselves in a situation where we are forced to think and behave in ways that feel unfamiliar and uncomfortable. A crisis demands that leaders assess and establish an emergency response plan, and then adapt that plan as new evidence and information presents.**

A crisis in the workplace can be anything from a restructure to a natural disaster. The leader's role is pivotal. It is critical that they make good and sound decisions about not only the crisis at hand, but business as usual, and the safety and wellbeing of all their people.

## WORKSHOP OBJECTIVES

- **Understand Why** it is crucial to manage yourself as well as your team during a crisis
- **Understand What** the four pillars of crisis leadership are
- **Understand How** to implement the four pillars and what tools you can use to look after yourself



## WORKSHOP TAKEAWAYS

**Participants will leave the workshop with a clear understanding of the four pillars of crisis leadership and how to implement these. You will be able to understand and anticipate the different reactions from your team during a crisis and have the tools to support them and look after yourself.**

## WORKSHOP MECHANICS

**Resources:** Cabaret style seating, flipcharts, video

**Timing:** 40 minutes

**Participants:** 15 - 50 people